

- receiving an indication of the user's desire generated in response to the user clicking a button on a web page;  
 receiving an indication of the user's desire generated in response to the user clicking a button in an e-mail message;  
 receiving an indication of the user's desire generated in response to the user selecting a link on a web page;  
 receiving an indication of the user's desire generated in response to the user selecting a link in an e-mail message.
- 5.** The method defined in claim **1**, wherein said receiving comprises:  
 transmitting a reminder to the user, the reminder associated with the communication session;  
 receiving from the user the indication of the user's desire to cause the establishment of the communication session in response to the user receiving the reminder associated with the communication session.
- 6.** The method defined in claim **5**, wherein said receiving from the user the indication of the user's desire to cause the establishment of the communication session in response to the user receiving the reminder associated with the communication session comprises one of:  
 receiving at least one pre-determined DTMF signal from the user;  
 receiving at least one speech utterance from the user;  
 receiving an SMS message;  
 receiving an e-mail;  
 receiving a text message.
- 7.** The method defined in claim **5**, wherein said transmitting a reminder to the user comprises one of:  
 establishing a call with the communication device associated with the user to convey the reminder;  
 transmitting an SMS message to the user, the SMS message to convey the reminder;  
 transmitting an e-mail to the user, the e-mail to convey the reminder; and  
 transmitting a text message to the user, the text message to convey the reminder.
- 8.** The method defined in claim **1**, further comprising determining a user identifier associated with the user who has indicated the user's desire to cause the establishment of the communication session.
- 9.** The method defined in claim **8**, wherein said determining a user identifier comprises determining a termination identifier associated with the communication device associated with the user.
- 10.** The method defined in claim **9**, wherein said determining a termination identifier comprises examining signalling information used for establishing a call between the communication device and a communication session handling entity in an attempt to retrieve the termination identifier.
- 11.** The method defined in claim **9**, wherein said determining a termination identifier comprises requesting the communication device to provide an indication of the termination identifier.
- 12.** The method defined in claim **8**, wherein said determining a user identifier comprises interacting with the user in an attempt to obtain the user identifier.
- 13.** The method defined in claim **12**, wherein said interacting comprises one of:  
 receiving at least one DTMF signal, the at least one DTMF signal representative of the user identifier;
- receiving a speech utterance, the speech utterance representative of the user identifier.
- 14.** The method defined in claim **1**, further comprising determining a user identifier associated with the user; and wherein said accessing comprises transmitting a request to the memory, the request comprising the user identifier.
- 15.** The method defined in claim **14**, wherein said user identifier comprises a termination identifier associated with the communication device.
- 16.** The method defined in claim **15**, wherein said termination identifier comprises one of:  
 a telephone number;  
 a SIP address;  
 an IP address; and  
 a proprietary identifier.
- 17.** The method defined in claim **14**, further comprising generating said request according to a communication protocol.
- 18.** The method defined in claim **17**, wherein said memory comprises a scheduling server;  
 and wherein said communication protocol comprises an "iCal" protocol.
- 19.** The method defined in claim **14**, wherein said memory is for maintaining scheduling data associated with at least one user; the scheduling data including at least one scheduling event; and wherein said transmitting a request is instrumental in causing said scheduling server to:  
 access scheduling data associated with the user;  
 determine if the scheduling data contains a scheduling event associated with the communication session;  
 release the at least one call parameter maintained within the scheduling event.
- 20.** The method defined in claim **19**, wherein said transmitting a request is further instrumental in causing said scheduling server in order to determine if the scheduling data contains a scheduling event associated with the communication session, to:  
 determine if the scheduling data contains a scheduling event that is to commence at a time the user has indicated the user's desire to cause the establishment of the communication session.
- 21.** The method defined in claim **19**, wherein said transmitting a request is further instrumental in causing said scheduling server in order to determine if the scheduling data contains a scheduling event associated with the communication session, to:  
 determine if the scheduling data contains a scheduling event that is to commence at a time which is within a predetermined interval from the time when the user has indicated the user's desire to cause the establishment of the communication session.
- 22.** The method defined in claim **19**, wherein said transmitting a request is further instrumental in causing said scheduling server in order to determine if the scheduling data contains a scheduling event associated with the communication session, to:  
 determine if the scheduling data contains a scheduling event that is in progress at a time the user has indicated the user's desire to cause the establishment of the communication session.
- 23.** The method defined in claim **14**, wherein said memory is for maintaining scheduling data associated with at least one user; the scheduling data including at least one scheduling