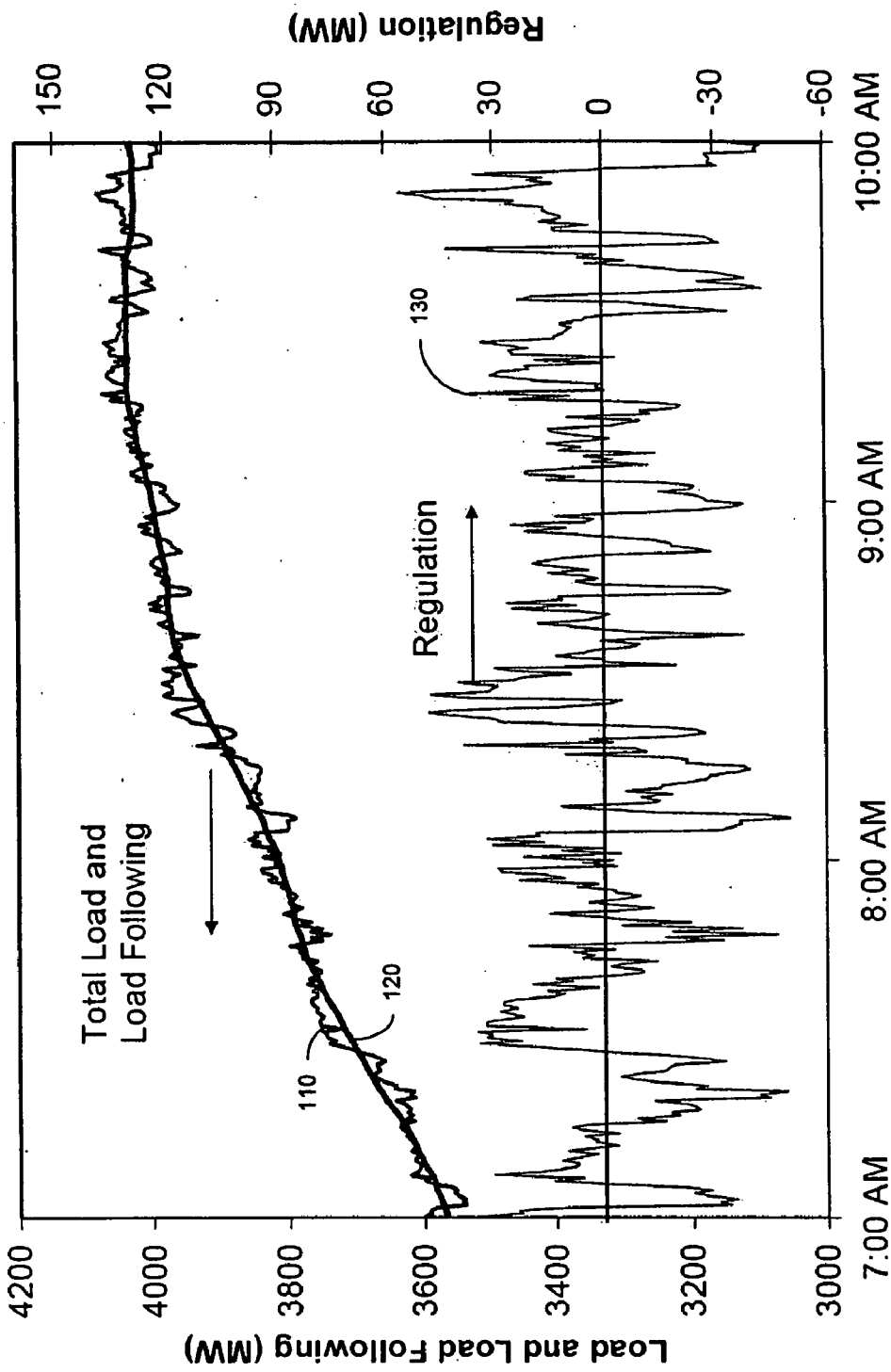
Regulation (MW)
150
120
90
60
30
0
-30
-60
10:00 AM
9:00 AM
8:00 AM
7:00 AM
130
Regulation
Total Load and
Load Following
120
110
4200
4000
3800
3600
3400
3200
3000
Load and Load Following (MW)

100

FIG. 1